



October Low-Fat Yogurt

1936 42nd St NE Cedar Rapids

www.ParlorCityIceCream.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
		Pumpkin Pie		Pumpkin Pie		
7	8	9	10	11	12	13
Pumpkin Pie		Cheesecake		Cheesecake		Butterscotch
14	15	16	17	18	19	20
Butterscotch			Yellow	Cake	Batter	
21	22	23	24	25	26	27
Yellow Cake Batter		Peach	Peach	Peach		Black Berry
28	29	30	31	Print a copy from our website! www.ParlorCityIceCream.com		
BlackBerry		Strawberry				